

## HOW TO UPLOAD YOUR COMPLETED CENSUS AND REQUIRED INFORMATION FORMS ON THE PLAN SPONSOR WEBSITE

Please contact a participant services representative at 1-866-239-1042 if you need assistance.

## 1. Go to www.TrustOk.com and click on LOGIN



2. Select "401k Participant"

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| Trust Company Oklahoma                                 | ABOUT US SERVICES PROFESSIONAL TEAM CONTACT US LOGIN Q |
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| INVESTMENT ACCOUNT,                                    | 401K   |
| IRA, TRUST   | PARTICIPANT  |
| LOGIN  | LOG IN   |

**3.** Log in using your plan sponsor credentials. Be sure to select "Sponsor" in the bottom selection box.

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|--------------------|---|
|                    | Welcome<br>Username<br>Password<br>Pargot User ID or Password?<br>Sponsor |

4. Select "Payroll," then "Upload File"



**5.** Click on "Data File," then "Choose File." This will open up a browser window to allow you to select the **Census Form** you wish to upload.

**6.** Include a short description of the file you are uploading in the text box. Click on "Upload." You will repeat these steps to select and upload the Required Information Form.

